

# Talk to your doctor about helminthic therapy script

As you know, we've been unable to treat my condition in a way that returns me to optimal health. After a good deal of research, I have decided to try helminthic therapy. If you aren't familiar with it, helminthic therapy adds organisms into the gut to help control immune responses at a fundamental level. While no Phase 3 clinical trials have been completed on helminthic therapy yet, the anecdotal evidence is compelling. My assessment is that the potential risks are low and the possible rewards are high and I'm unwilling to wait for the results of clinical trials that may take decades to finish. I'm happy to supply you with links to some of the more than 400 peer reviewed papers on the subject if you wish to read more.

I understand that since this therapy is not yet approved by the FDA, you are unable to give your professional blessing for me to undertake helminthic therapy. However, I hope that you will provide any medical care required that arises from my decision, including medication to control side effects of this treatment, if needed, as well as access to anti-helminthic drugs should I decide to terminate the therapy.